





## Using less energy at home



Buildings consume almost 30% of the nation's energy, and contribute significantly to the production of CO<sub>2</sub>. Homes that use energy efficiently are not only kinder to the environment but are:

· warmer and more comfortable

- · drier, with less condensation and mould
- healthier studies show cold, damp houses are linked to asthma and respiratory problems
- cheaper to run and maintain

Wain Picture: Designes to capture the sun's ree light and heat, with witersive full-height double glezing and concrete floors to retain warmth, this north-facing home, designed and owned by Nelson architect Helen Richards, makes the most of passive design features to mprove energy afficiency.

Thumbnail: Double glazing significantly reduces heat loss through windows.